



UNIVERSITY OF NORTH BENGAL
B.A. Honours 6th Semester Examination, 2021

DSE4-PSYCHOLOGY

HEALTH PSYCHOLOGY

Full Marks: 40

ASSIGNMENT

The figures in the margin indicate full marks.

Write any two from the following questions (500 words)

20×2 = 40

1. Define health psychology. Discuss about goals of health psychology. 4+16
2. Discuss about the role of behavioural factors in disease and disorders. Explain the models of health behaviour change. 10+10
3. What is stress? Explain the relationship between stress and health. 4+16
4. What is alternative medicine? Discuss about preventive, promotive and curative aspects of health. 5+(5+5+5)

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