



UNIVERSITY OF NORTH BENGAL
B.A. Honours 4th Semester Examination, 2021

CC10-PSYCHOLOGY

COUNSELLING PSYCHOLOGY

Full Marks: 40

ASSIGNMENT

The figures in the margin indicate full marks.

Answer any two from the following questions (word limit 500) 20×2 = 40

1. Define counselling. Write about the nature and professional ethics of counselling. 4+(4+4)+8
Discuss the essential characteristics of an effective counsellor.
2. Describe the various ways for building and closing counselling relationships. 10+10
3. What is person — centered therapy? Discuss the Rational Emotive Behavioural Therapy (REBT). 6+14
4. What are the various fields of counselling? Explain the different techniques of counselling during crisis intervention. 10+10

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